Rejuvenate Regenerate Renew

ALTRUM™

Health Division of AMSOIL® INC.

A.J.'s Prostate Formula Protects Male Health

Every man at some time in his life likely will experience enlargement of the prostate gland.

Some of the annoying symptoms are:

- ***a hesitant, interrupted, or weak stream of urine***
- ***leaking***
- ***urgency***
- ***frequent urination, especially at night***
- ***reduced sexual function***

All of these can impact your quality of life.

That's why it's so important to protect your male health. *A.J.'s Prostate Formula* is a powerful male health-protecting product with 14 natural ingredients that provide vital nutrition for the prostate gland and body.

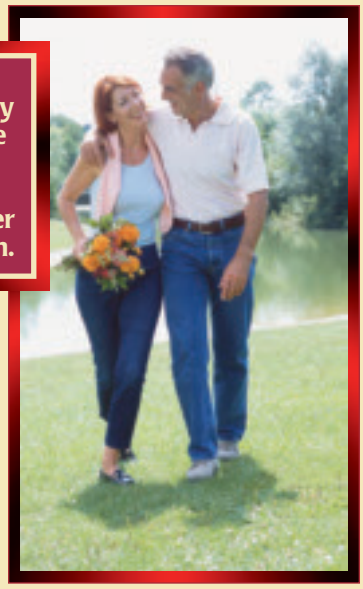
The most common prostate problem for men over 50 is prostate enlargement, known as benign (non-cancerous) prostatic hyperplasia (BPH.)

By age 60, more than one-half of men have BPH; by age 85, the number climbs to 90 percent.

A.J.'s Prostate Formula

- ***Provides vital nutrients for a healthy prostate***
- ***Enhances healthy male function***
- ***Reduces frequency of urination***
- ***Prevents prostate enlargement***
- ***Alleviates inflammation and other annoying symptoms of BPH ****

Fifty percent of men over the age of 50 may already have prostate problems. Prostate cancer is the second leading cause of cancer death among U.S. men.



The nutrients in A.J.'s Prostate Formula help stop the onset of or help reverse this common prostate condition.

While most prostate problems do not pose serious risk, they are better handled when detected early.

Nutritional supplementation is a well-documented treatment for BPH. Studies reveal nutritional supplements are effective in preventing the onset of BPH, as well as alleviating symptoms associated with enlarged prostate.

Nutritional supplements also cause fewer side effects, such as erectile dysfunction, commonly associated with prostate medications.

A proactive approach can prevent the onset of BPH or reduce the inflammation and other symptoms associated with it.

A.J.'s Prostate Formula is the most complete prostate nutritional supplement on the market. It contains only the highest quality ingredients available in a unique nutrient-rich formula that gives you all of the nutritional herbs and extracts known to prevent or reverse inflammation and other symptoms of BPH. *

It may take up to eight weeks to experience the full benefits of *A.J.'s Prostate Formula.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

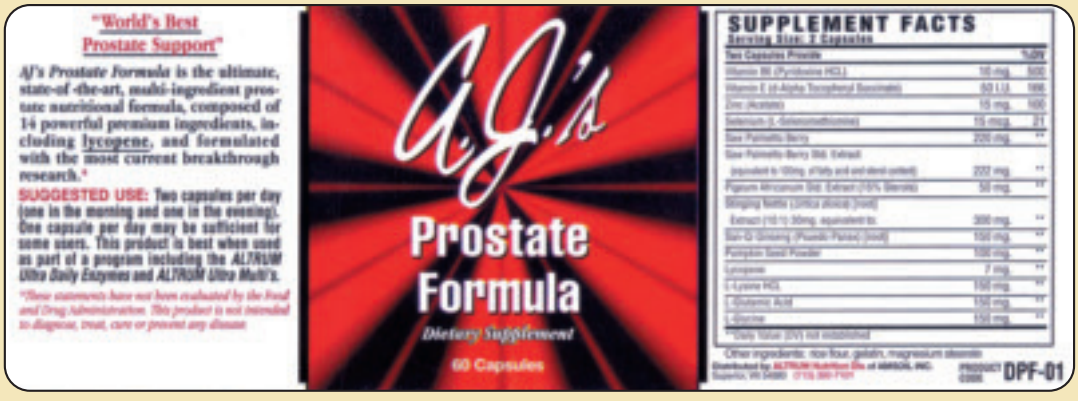
Top Nutrients for Male Health

A.J.'s Prostate Formula – The Most Complete Male Support on the Market

- **Saw palmetto** is an herbal extract from ripe berries of the saw palmetto tree. It decreases prostate inflammation and pain. It is typically used for treatment of benign prostate hyperplasia (BPH), inflammation of the prostate gland, a common problem for men over the age of 50. Americans have used saw palmetto for more than 200 years as food and for medicinal purposes including as a tonic, antiseptic and to treat urogenital problems. It is often combined with nettle root (urtica dioica) and the bark of the African plum tree (pygeum africanum). *

  A review of 18 studies published in the *Journal of the American Medical Association* involving more than 3,000 men found that saw palmetto produces improvements in urine flow. A recent survey suggested more than two million U.S. men used saw palmetto to alleviate symptoms of enlarged prostate, or BPH. *
- **Pygeum africanum** is derived from an African evergreen. It has been approved for treatment of BPH in Europe since the early 1970s. Studies show it helps reduce prostate enlargement and inflammation, promote urination and rid the prostate of cholesterol deposits that can occur with BPH. *
- **Stinging nettle root** (urtica dioica) helps reduce the inflammatory response and acts as a natural diuretic. Studies indicate that nettle root helps relieve early symptoms of BPH. Combined with pygeum africanum, nettle root may inhibit BPH. The best remedies for prostate enlargement often combine these two herbs with saw palmetto. *
- **Lycopene** is a potent antioxidant. The largest, most comprehensive study evaluating prostate cancer risk and lycopene revealed that men with more lycopene in their diets displayed decreased risk for prostate cancer. *
- **San-Qi ginseng** is an adaptogen that supports the nervous and circulatory systems and promotes blood flow. It is also known to reduce blood cholesterol which is a contributor to BPH. *
- **Pumpkin seed powder** contains essential fatty acids needed for proper immune and prostate function, as well as being a good source of zinc, potassium and magnesium. Oil in pumpkin seeds may promote prostate health since it appears to interrupt the triggering of prostate cell multiplication by testosterone metabolites. *
- **L-glycine, L-glutamic acid and L-lysine** are amino acids that support proper prostate health and reduce nightly urination. *
- **Zinc** is so vital to healthy male function it has been called the "male mineral." No other gland or organ in the body has as much zinc as the prostate. Therapeutic doses have been shown to bring prompt improvement in BPH. Zinc should be taken with vitamin B6 for maximum effectiveness. *
- **Vitamin B6** is crucial for a healthy immune system and essential for zinc metabolism. *
- **Vitamin E** and selenium may enhance protection against prostate cancer. *

"So strong is the link [between nutrition and prostate cancer] that some researchers have suggested that cancer of the prostate ought to be considered a 'nutritional disease.'" **– Jonathan V. Wright, M.D.**



Feel the full benefits in six to eight weeks of daily use.

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